



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish -
Sacred Heart Church and Maria Regina Church



Thoughts of Blessed Francis Jordan

We must diligently and wisely use all ways and means which the love of Christ inspires to glorify God.

Prayer for the Pope

O God, shepherd and ruler of all the faithful, look favourably on your servant Pope Leo, whom you have set at the head of your Church as her shepherd; grant, we pray, that by word and example he may be of service to those over whom he presides so that, together with the flock entrusted to his care, he may come to everlasting life. Through Christ, our Lord. Amen.



 Like us on Facebook
Pittwater Catholic Parish

You can find us on Instagram


(catholicparishpittwater)

SAFEGUARDING

We, the people of the Catholic Diocese of Broken Bay and the Catholic Parish of Pittwater are committed to fostering communities of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.



POPE LEO'S PRAYER INTENTION for JUNE

That the World Might Grow in Compassion

Let us pray that each one of us might find consolation in a personal relationship with Jesus, and from his Heart, learn to have compassion on the world.

MASS TIMES

Sacred Heart Church

1 Keenan Street, Mona Vale

WEEKDAY MASSES

Tuesday 9.30 am
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8.30 am followed by Mass

Wednesday 9.30 am

Thursday 7 pm
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 7.30 pm to 9.00 pm

Friday 9:30 am
First Friday of the month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9:30 am, followed by *Healing Mass/ Anointing of the Sick* at 10.30 am

WEEKEND MASSES
Saturday Vigil 5.00 pm
Sunday 8.00 am, 10.00 am & 6.00 pm (SOUL)

RECONCILIATION
Saturday Vigil
4.00 pm to 4.30 pm

BAPTISM
4th Sunday of the Month
11.30 am

Maria Regina Church

7 Central Road, Avalon

WEEKDAY MASSES

Monday 8.00 am

Wednesday 8.00 am

Thursday 10 am
9.00 am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45 am

Friday 8.00 am
First Friday of the month, *Healing Mass/ Anointing of the Sick* at 8.00 am

WEEKEND MASSES
Saturday Vigil 6.00 pm
Sunday 9.00 am

RECONCILIATION
Before Vigil Mass on Saturday

BAPTISM
3rd Sunday of the Month
11.00 am

We Pray for

Deceased Anniversary

Mate Spadina
Mile Spadina

Recently Deceased

Elizabeth Louise
Harvey

Prayer for the Sick

Anna Śmigowska
Lily Janosik
Giannina Amore
Therese Keane
Maureen Larios
Elaine Boyes
Pauline Chipman
Ron Clarke
Barbara Clarke
Anna Katanec
Mother Pauline
Angela Miller
Philip Khalifeh
Joseph Khalifeh
Heidi Taylor
James
Jacinta Purnell - Major
Garry Gleeson
Kathy Geach
Nenita Roque
Marie Celine Roque-Maca
Ma Lourdes Espino-Ng
Jesse Cathersides

BOOK REVIEW

Our Catholic faith
by: Matthew Arnold



Truths about God and the Mysteries of the Catholic Faith with orchestral music and scenes of contemporary Catholicism, the glory of nature and sacred art and architecture.

LET
faith
NOT
Fear
♦ Be Your
Compass

Liturgy for the Week

30/06 Monday, Ordinary Time 13
Gen 18:16-33; Mt 8:18-22

01/07 Tuesday, Ordinary Time 13
Gen 19:15-29; Mt 8:23-27

02/07 Wednesday, Ordinary Time 13
Gen 21:5, 8-20; Mt 8:28-34

03/07 Thursday, St Thomas
Eph 2:19-22; Jn 20:24-29

04/07 Friday, Ordinary Time 13
Gen 23:1-4, 19; 24:1-8, 62-67; Mt 9:9-13

05/07 Saturday, Ordinary Time 13
Gen 27:1-5, 15-29; Mt 9:14-17

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Parish of
Pittwater

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Scan the QR code above with your camera app and follow the prompts

Use this App to support our Clergy through the first collection and our Parish through the second collection. Donations can be made weekly, fortnightly, monthly or one-off.

Thank you for your continued contributions and support. Your financial contributions and your generous donations throughout the year are greatly appreciated.

Available on the
App Store

Get it on
Google play

Congratulations to

Sacred Heart Primary Catholic School on its
60th anniversary!

May God's blessings continue to inspire and guide your school community. Thank you for your years of dedicated service to Catholic education.



Peter's Pence Collection

On Sunday, 29th June, we join with other parishes across the world in taking up the Vatican's annual Peter's Pence Collection. This provides for the charitable works of mercy identified by His Holiness, Pope Leo XIV, including emergency assistance to those in need due to natural disaster, war, oppression and disease.

Your generosity allows the Holy Father to respond to those suffering with love and compassion.

You can make a gift using the *Peter's Pence collection envelope* available in the pews at both Churches.



PURCHASE A PLANT AND HELP US RAISE FUNDS FOR OUR PARISH CENTRE'S AV SYSTEM

*The potted plants are by the Blessed Francis Jordan statue
in the courtyard.*

Brighten your home with these beautiful, locally grown plants to support our goal for our parish.

Please place your DONATIONS at the Parish Office.



Hats On for Soibada

Join us for a night of fun in your best hat!

Date: Friday, 4th July

Place: The Green Room Avalon Beach RSL Club

Tickets: \$25 at <https://www.trybooking.com/DCPZW>

Nibbles provided. Drinks available for purchase.

Lucky Door Prize and Raffle

*All funds raised will go directly to medical
and education projects.*



Parish Directory

Pittwater Parish

**1 Keenan Street,
Mona Vale
NSW 2103
Tel 9157 0999**

**Parish Priest
Fr Richard Sadowski
SDS**

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pp@pittwaterparish.org**

**Assistant Priest
Fr Zygmunt Smigowski
SDS**

**Tel 9157 0999 ext 12
ap@pittwaterparish.org**

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office@pittwaterparish.org**

**Administrative Assistant
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**Sacramental Coordinator
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sacraments@pittwaterparish.org**

**CCD Catechist
Coordinators
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Mobile 0421 907 469
Veronica Thomas
Mobile 0417 061 534**

**Sacred Heart Church
1 Keenan Street, Mona Vale**

**Maria Regina Church
7 Central Road, Avalon**

SCHOOLS

**Sacred Heart School
Mona vale
Tel 8197 6900
Principal: Mr Jamie Wahab**

**Maria Regina School
Avalon
Tel 7256 2138
Principal: Ms Kirsty Thorpe**

**Mater Maria Catholic College
Warriewood
Tel 7256 2100
Principal: Mr Marc Reicher**



SAINTS PETER AND PAUL, APOSTLES

From: Young Catholics

Saints Peter and Paul are two of the most important figures in the history of the Church. They were leaders who spread the message of Jesus and helped build the early Christian community. Both are remembered as apostles who gave their lives for their faith. The Church celebrates them together because of their deep connection in spreading the Gospel.

Peter was one of the twelve apostles chosen by Jesus. He became the leader of the apostles and is known as the first Pope. Jesus called Peter "the rock" on which He would build His Church. Peter's role was to guide and strengthen the early Christians. Paul was not one of the twelve apostles, but he became an important leader. At first, Paul persecuted Christians, but he had a powerful experience of Jesus and became a believer. Paul traveled far and preached to people who had never heard about Jesus. He wrote letters that helped explain the teachings of the Church.

Peter and Paul both died in Rome as martyrs. They gave their lives to follow Jesus. The Church celebrates their feast day on June 29 to honor their work and their sacrifice. Their stories show the courage and faith that built the Church.

Fisherman to Leader of the Church

Peter was a fisherman before he met Jesus. His name was Simon, but Jesus gave him the name Peter, which means "rock." Jesus chose Peter to be one of His closest followers. Peter saw many of Jesus' miracles and teachings. He was present at important moments, like the Transfiguration and the Last Supper.

After Jesus was arrested, Peter made a mistake. He denied knowing Jesus three times because he was afraid. But Peter was sorry, and Jesus forgave him. After Jesus rose from the dead, He asked Peter to "feed my sheep." This meant Peter would lead and care for the Church.

Peter became the leader of the apostles. He helped guide the early Christians and taught people about Jesus. In the Book of Acts, Peter preaches boldly and performs miracles in Jesus' name. He helps settle disagreements in the early Church and shows strong faith in hard times.

The Church believes Peter was the first Pope. Jesus told him, "You are Peter, and on this rock, I will build my Church." Peter's role was to guide the followers of Jesus and keep them united. His leadership was a foundation for the Church that continues today.

Peter died as a martyr in Rome. He was crucified because of his faith. Tradition says he asked to be crucified upside down because he felt unworthy to die the same way as Jesus. His courage and faith inspire Christians to this day.

Saint Peter's life shows how God can work through ordinary people. Peter made mistakes, but he always returned to Jesus. His story reminds us to trust God and follow Him, even when it's hard.

From Persecutor to Preacher

Paul's story begins with a very different name—Saul. He was a Jewish man who strongly opposed Christians. Saul believed they were wrong, and he wanted to stop them. He even helped arrest and kill Christians. But something happened that changed his life completely.

One day, Saul was traveling to Damascus to find more Christians to arrest. On the way, he was blinded by a bright light and fell to the ground. He heard a voice saying, "Saul, why are you persecuting me?" It was Jesus speaking to him. This moment changed Saul's heart. After this, he became a follower of Jesus.

After his conversion, Saul began to use the name Paul. He spent the rest of his life preaching about Jesus. Paul traveled to many places, spreading the Gospel to people who were not Jewish, called Gentiles. He worked hard to tell them that Jesus came to save everyone.

Paul faced many challenges on his journeys. He was beaten, arrested, and even shipwrecked. But he never stopped preaching. He visited cities like Corinth, Ephesus, and Philippi. In each place, he started churches and taught the people how to live as followers of Jesus.

Paul also wrote many letters to these churches. These letters are now part of the Bible, in books like Romans, Corinthians, and Galatians. In these letters, Paul explained important teachings about faith, grace, and love. His writings helped shape what Christians believe today.

Saint Paul's life shows how anyone can change with God's help. He went from fighting Christians to being one of their greatest leaders. His courage and dedication inspire us to share the faith, no matter the obstacles.

Saints Peter and Paul: Partners in Spreading the Faith

Peter and Paul had different backgrounds, but they worked together to spread the message of Jesus. Peter was a fisherman who followed Jesus from the beginning. Paul started as someone who opposed Christians but later became one of the Church's strongest leaders. Even though they were different, their work helped build the Church.

Peter focused on leading the Jewish Christians. He taught the Jewish people that Jesus was the Messiah they had been waiting for. He preached to those who already believed in God and helped them see how Jesus fulfilled God's promises. Peter helped unite the Jewish followers of Jesus.

The legacy of Peter and Paul lives on in the Church. Peter represents the foundation and leadership of the Church. Paul represents its mission to reach all people. Together, they remind us that the Church is built on faith and is called to share the Gospel with the world.



A National Catholic Ministry for Men, founded out of a response to a great need in the hearts & lives of men & great need in the life of the Catholic Church.

ALL MEN WELCOME

We Meet

First & Third Tuesday of every Month

At 7pm

Sacred Heart Parish Centre

We will also be beginning a series on

METANOIA

A video series & discussion, inviting everyone to a deeper more profound conversion - a metanoia - that moves us from something to someone, as metanoia ultimately turns us to Jesus.

Bringing men together, to renew their faith in God & encourage them to be an active force of renewal in the Church

For any questions contact

Joe Cilia - 0418 863 814

ADVERTISEMENT SPACES AVAILABLE

Our bulletin has available spaces to promote local businesses. It's a great way to reach the community and endorse your services.

Ready to advertise?

Please contact the Parish Office on 9157 0999 for more information



Playgroup Details

Mondays 9:30-11:30

(School Term)

Join us at our Play Group to connect with other parents and children, enjoy playtime and make new friends.

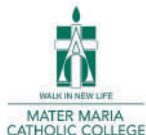
Stay for a cup of tea or coffee.

Everyone is welcome.

Please Contact

Nikki on 0481 009 376

for more information



Parish Bulletin - Term 2, Week 9

Year 10 students visited a local kindergarten as part of their Child Studies curriculum to observe early childhood development, engage with young children and gain practical insights into teaching methods and childcare practices, connecting theory with real-world experience.

Year 10 History students visited the Chau Chak Wing Museum at USYD this week to interact with artefacts, explore collections and engage in discussions on archaeology, museum ethics, mummification and human remains.

Year 11 Mathematics students participated in UNSW's 'Do The Maths' workshop, where they learned about careers in mathematics, university life, and how maths can address global challenges through talks, campus tours and hands-on activities.

Our talented Year 12 Entertainment students presented their final Assessment Task in the Byrne Theatre to students, parents and the wider community. They showcased their backstage skills with a special performance and tribute to Woodstock featuring Year 11/12 Music and Year 11 Drama students.

Twenty-six students will embark on our first Mater Maria Red Dirt Expedition from Sunday 29 June to Saturday 5 July. They will travel to western NSW, visit the Siding Springs Australian Astronomical Telescope in Coonabarabran, bushwalk the Grand High Tops Walk, visit sandstone caves and reconciliation sculptures in the Pilliga Scrub, explore cultural sites with the Baradine Land Council, visit local schools and the Brewarrina Fish Traps, and tour Dubbo Zoo. The purpose of this expedition is to provide students with learning experiences in science and Indigenous cultural awareness.

MWBA Basketball, Peninsula Cup U16s Soccer, Peninsula Cup Netball Competition, All Schools Mixed Touch Football, Peninsula Cup U14s Soccer, Year 9 PASS Flag Football Gala were some of the sports events this semester. Year 9 PASS students also refereed at a primary school gala day to develop their leadership skills.

Every Friday, our prefects lead Faith Fridays, a special time of reflection, music, and community in the Chapel and Courtyard. All students are warmly invited to join.

Applications are now open for Year 2028 and 2029. Please note that waitlists are currently in place for Year 7, 2026 and 2027. For more information, visit:
<http://www.matermaria.nsw.edu.au/enrolments>

≡ FAITH ≡
can move
MOUNTAINS

Matthew 17:20

Let
EVERYTHING
you do
be
done
IN
Love

1 Cor. 16:14

*Congratulations to the 130 children in our parish who
received the Sacrament of Confirmation on
Saturday, 21st Jun 2025*



**BE FILLED
WITH THE
SPIRIT**
EPHESIANS 5:18

**Thank you Fr Richard Sadowski SDS, Sonia Samartin,
parish staff, parents, guardians, teachers, principals and
facilitators for their time, commitment and dedication in
preparing the children for the Sacrament.**

**Peter is the rock upon which
I will build my church**

Saints Peter and Paul

Jesus anointed Peter as the leader of his church and said to him, "I will give you the keys of the kingdom of heaven". As the leader of the Catholic Church, the Pope has on his papal crest the keys of Peter. Colour in the papal crest of Pope Leo XIV.

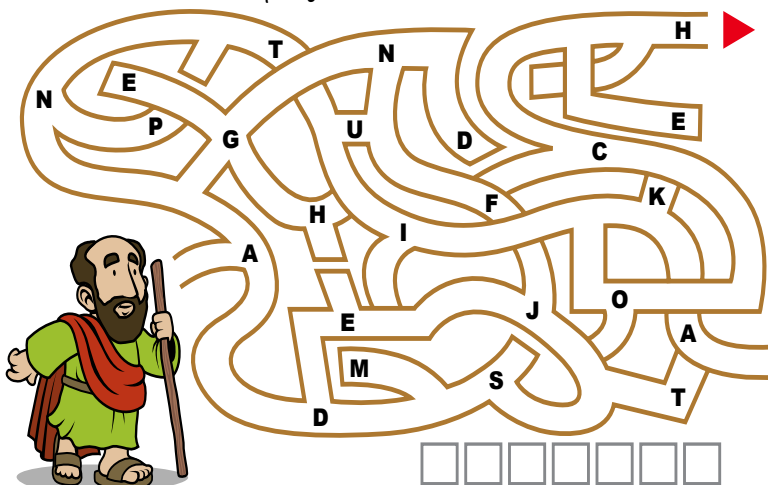


Who do **YOU** say I am?

Write some words which describe Jesus.



The apostle Paul is best known as a great traveller who spread the message of Jesus and established communities of faith wherever he went. Help Paul find his way to the next city on his travels - enter each letter into the corresponding box below to reveal the destination.



Matthew 16:13-19

© Creative Ministry Resources

The *Living* Word

Entrance Antiphon

These are the ones who, living in the flesh, planted the Church with their blood; they drank the chalice of the Lord and became the friends of God.

First Reading

Acts of the Apostles 12:1-11

A reading from the Acts of the Apostles

Now I know it is indeed true: the Lord has saved me from the power of Herod.

King Herod started persecuting certain members of the Church. He beheaded James the brother of John, and when he saw that this pleased the Jews he decided to arrest Peter as well. This was during the days of Unleavened Bread, and he put Peter in prison, assigning four squads of four soldiers each to guard him in turns. Herod meant to try Peter in public after the end of Passover week. All the time Peter was under guard the Church prayed to God for him unremittingly. On the night before Herod was to try him, Peter was sleeping between two soldiers, fastened with double chains, while guards kept watch at the main entrance to the prison. Then suddenly the angel of the Lord stood there, and the cell was filled with light. He tapped Peter on the side and woke him. 'Get up!' he said 'Hurry!' – and the chains fell from his hands. The angel then said, 'Put on your belt and sandals.' After he had done this, the angel next said, 'Wrap your cloak round you and follow me.' Peter followed him, but had no idea that what the angel did was all happening in reality; he thought he was seeing a vision. They passed through two guard posts one after the other, and reached the iron gate leading to the city. This opened of its own accord; they went through it and had walked the whole length of one street when suddenly the angel left him. It was only then that Peter came to himself. 'Now I know it is all true,' he said. 'The Lord really did send his angel and has saved me from Herod and from all that the Jewish people were so certain would happen to me.'

The word of the Lord

Responsorial Psalm Ps 33:2-9. R. v.5
(R.) The Lord set me free from all my fears.

I will bless the Lord at all times his praise always on my lips; in the Lord my soul shall make its boast. The humble shall hear and be glad. **(R.)**

Glorify the Lord with me. Together let us praise his name. I sought the Lord and he answered me; from all my terrors he set me free. **(R.)**

Look towards him and be radiant; let your faces not be abashed. This poor man called; the Lord heard him and rescued his from all his distress. **(R.)**

The angel of the Lord is encamped around those who revere him, to rescue

them. Taste and see that the Lord is good. He is happy who seeks refuge in him. **(R.)**

Second Reading 2 Timothy 4:6-8, 17-18
A reading from the second letter of St Paul to Timothy

All that remains now is the crown of righteousness.

My life is already being poured away as a libation, and the time has come for me to be gone. I have fought the good fight to the end; I have run the race to the finish; I have kept the faith; all there is to come now is the crown of righteousness reserved for me, which the Lord, the righteous judge, will give to me on that Day; and not only to me but to all those who have longed for his Appearing. The Lord stood by me and gave me power, so that through me the whole message might be proclaimed for all the pagans to hear; and so I was rescued from the lion's mouth. The Lord will rescue me from all evil attempts on me, and bring me safely to his heavenly kingdom. To him be glory for ever and ever. Amen.

The word of the Lord.

Gospel Acclamation Matthew 16:18

Alleluia, alleluia!

You are Peter, the rock on which I will build my Church; the gates of hell will not hold out against it.

Alleluia!

Gospel Matthew 16:13-19
A reading from the holy Gospel according to Matthew
You are Peter, and I will give to you the keys of the kingdom of heaven.

When Jesus came to the region of Caesarea Philippi he put this question to his disciples, 'Who do people say the Son of Man is?' And they said, 'Some say he is John the Baptist, some Elijah, and others Jeremiah or one of the prophets.' 'But you,' he said, 'who do you say I am?' Then Simon Peter spoke up, 'You are the Christ,' he said, 'the Son of the living God.' Jesus replied, 'Simon son of Jonah, you are a happy man! Because it was not flesh and blood that revealed this to you but my Father in heaven. So I now say to you: You are Peter and on this rock I will build my Church. And the gates of the underworld can never hold out against it. I will give you the keys of the kingdom of heaven: whatever you bind on earth shall be considered bound in heaven; whatever you loose on earth shall be considered loosed in heaven.'

The word of the Lord.

Communion Antiphon

Matthew 16:16,18

Peter said to Jesus: You are the Christ, the Son of the living God. And Jesus replied: You are Peter, and upon this rock I will build my Church.

REFLECTION

by Dianne Bergant

Peter is associated with the community in Jerusalem and Paul with the Gentile converts. Together they represent the universality of the church. The red vestments worn today remind us of the price their commitment exacted of them. The followers of Christ come from every race and culture, every generation and social class. It is not a common culture that draws them together, but a common faith. The church has been strengthened by the blood of the martyrs. This was the case in its earliest years, and it is the case today. Both Peter and Paul are examples of how God takes those weak in faith and transforms them into champions of the gospel. Once transformed, each man threw himself wholeheartedly into the mission that was his. Their fate should not surprise us, for they were disciples of one who gave his last breath for the life of the world. In so many places in the world today modern martyrs pay the ultimate price for their faith. We see this in Latin America, in many African countries, in the Middle East, and in Asia, to name but a few areas. Although the word martyr usually refers to one who dies for the faith, the Greek word (mártys) really means witness, one who gives testimony. Like Peter and Paul, the martyr is one whose life gives witness to the faith. However, when this witness is too much of a challenge, the witness' life is placed in jeopardy. Peter and Paul call us all to this kind of testimony to faith.

© Dianne Bergant CSA

PARISH MORNING TEA GATHERING

Everyone is welcome to join and get to know each other in our Parish Community.

Every month after the

8 am Mass on the

1st Sunday and

after the 10 am Mass on

the 3rd Sunday at

SACRED HEART CHURCH,

MONA VALE

2nd and 4th Sundays

after the 9 am Mass

at the front of

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**“Now faith is the
assurance of
things hoped for,
the conviction of
things not seen.”**

— HEBREWS 11:1




What matters is not your outward
appearance... but your inner
disposition. Cultivate inner beauty,
the gentle gracious kind that God
delights in.

— Saint Peter —

AZ QUOTES

To find out more, call Tamara
0403226699



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who
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PHILIPPIANS 4:13

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